

Why participate in a research study?

- All study-related medication, tests and medical care will be provided at no cost to you while you are in the study.
- You will have the chance to contribute to medical knowledge that may help future people like you.

Your rights in the study

Before entering the study, you will go through a process called informed consent. This means that the study staff will explain the study and what you will do in it so that you can make an informed decision about whether to take part in the study.

Should you decide to join the study, you will sign a form stating that you understand its risks and your responsibilities as a study participant. However, this form is not a contract, and you may leave the study at any time and for any reason.

Making your decision

We hope you will consider joining the DREaM study and we encourage you to speak with your doctor and family about the study. Our study staff will be glad to meet with you to explain more. You are welcome to bring a family member to this meeting. He or she can help you remember important details and support you as you make your decision.

For more information or to see if you qualify for the study, contact:

DREaM

**READ MORE ABOUT
Our Clinical Research Study
That May Be of Interest to You**

**Recently Diagnosed
With Schizophrenia or
Schizophreniform Disorder?**

**Or Did You Recently Begin
Having Hallucinations,
Unusual Thoughts or Behaviors?**

About schizophrenia and the DREaM study

Schizophrenia affects 2.4 million adults in the United States.¹ When symptoms of schizophrenia begin, like unusual thoughts, feelings and sensations, it can be overwhelming. If you have such symptoms, you are not alone.

If you have recently begun experiencing psychosis (such as unusual thoughts, feelings or sensations), you may be interested in a study called DREaM.

The study will compare the safety and effectiveness of existing medicines in people who have recently been diagnosed with schizophrenia or schizophreniform disorder.

What is the DREaM study?

- The study will include 275 people recently diagnosed with schizophrenia or schizophreniform disorder.
- Researchers want to compare the efficacy and safety of the study medications, given by injection or as pills, in patients recently diagnosed with schizophrenia and schizophreniform disorder.

The study medications

The study medications, whether given as an injection (every one or three months) or as a daily pill, are drugs that affect neurotransmitters in the brain. These are the chemicals that allow nerve cells to interact with one another.

Requirements for joining the study

In order to join the study, you must:

- Be 18 to 35 years old
- Have had your first symptoms of psychosis (such as unusual thoughts, feelings or sensations) within the last two years
- Be diagnosed with schizophrenia or schizophreniform disorder (this will be determined by a study doctor)
- Have a responsible person (such as a significant other, relative or friend) who will assist with telling the study staff how you are doing
- Have a stable place to live

There are other requirements for joining the study. A study doctor will determine if you meet these requirements.

What is involved in study participation?

The study will last around 20 months. If you are interested in joining it, you will first come in for a screening visit. At this visit, you will be examined, undergo medical tests and fill out questionnaires.

Should you be eligible to join the study and wish to do so, your study doctor might start easing you off any pills you are already taking for your condition. Then you will start taking a different pill.

Later, you will be randomly chosen (a process much like flipping a coin) to keep taking the pills or be given injections of the study drug. The first two injections will be a week apart, but afterward this will become once a month and then once every three months.

Throughout the study you will sometimes provide blood or urine samples, have an ECG done (a non-invasive test of the heart) or have an MRI done (at some study sites). You will also fill out questionnaires that help your study doctor know how the study medication is affecting you.

¹The National Alliance on Mental Illness.
*Understanding Schizophrenia: A Guide for People
With Schizophrenia and Their Families.* Chicago: 2008.